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Updated v. 01/01/2025

KOUROSH M. KOLAH, M.D. – CURRICULUM VITAE

CURRENT PRACTICE

Kourosh M. Kolahi, M.D. – KMK Clinical, Inc.

Nov. 2023 - present

3633 Long Beach Boulevard Suite 100

Long Beach California 90807

Tel: (562) 424-9000

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Website: www.handwrist.com

Email: kolahi@handwrist.com

PRIOR PRACTICE

Kourosh M. Kolahi, M.D. – KMK Clinical, Inc.

Nov. 2020 – Oct. 2023

3918 Long Beach Boulevard Suite 100

Long Beach California 90807

Tel: (562) 424-9000

Fax: (562) 424-9067

Website: www.handwristcenter.com

Email: kolahi@handwristcenter.com

NewportCare Medical Group

2018-Oct. 2020

Newport Beach California 92663

EDUCATION

University of New Mexico

2017-2018

Hand & Upper Extremity Surgery Fellowship

University of California San Francisco – Fresno

2012-2017

Orthopaedic Surgery Residency

OITE Scores: 99th, 96th percentile PGY-4,5

University at Buffalo

2008-2012

M.D.

University of California, Berkeley

2004-2008

B.S. in Microbial Biology

CERTIFICATION & LICENSURE

Board Certified in Orthopaedic Surgery

2020

Subspecialty Certification in Hand Surgery

2021

CA Medical License

2012-Present

CA Fluoroscopy License

2016-Present

TEACHING

Current Volunteer Teaching Positions

UCLA Harbor – Orthopaedic Surgery Residency	2021-Present
UC Irvine – Plastic Surgery Residency	2021-Present
Long Beach Memorial – Family Medicine Residency	2020-Present

AWARDS

Residency:

Resident Scholar Award	2017
Resident of the Year	2014 & 2016
American Society for Surgery of Hand Scholarship	2016
Central California Faculty Medical Group Research Grant	2013

Medical School: Academic Dean's List

Undergraduate: Graduate with Honors

LECTURES

Emergency Hand Care
Long Beach Memorial Department of Emergency Medicine 2021

Outpatient Hand Care
Long Beach Memorial Department of Family Medicine 2021

Distal Radioulnar Joint
Grand Rounds UNM Dept. of Orthopaedics 2018

Compressive Neuropathies
UNM Sports Medicine Conference for Primary Care 2017

Disorders of the Thumb
Occupational Therapy Conference 2017

Forearm Fractures
UNM Dept. of Orthopaedics 2017

Hand Amputations
UNM Dept. of Orthopaedics 2017

Improving Residency Education
Grand Rounds UCSF-Fresno Dept. of Orthopaedics 2017

Distal Humerus Fractures
UCSF-Fresno Dept. of Orthopaedics 2017

Perilunate Dislocations UCSF-Fresno Dept. of Orthopaedics	2017
How to Take Hand Call Grand Rounds UCSF-Fresno Dept. of Orthopaedics	2016
Hand Emergencies Guest Lecturer for Emergency Medicine Dept., UCSF-Fresno	2016
Non-Surgical Management of the Upper Extremity Guest Lecturer for Family Medicine Dept., UCSF-Fresno	2016
DRUJ Instability UCSF-Fresno Dept. of Orthopaedics	2017
Hand Trauma Guest Lecturer for General Surgery Dept., UCSF-Fresno	2016
Upper Limb Prosthetics Grand Rounds Orthopaedics Dept, UCSF-Fresno	2015
Computer Assisted Navigation in Orthopaedic Trauma Grand Rounds Orthopaedics Dept, UCSF-Fresno	2015
Pelvic Fixation Techniques UCSF-Fresno Dept. of Orthopaedics	2015
Acute Management of Pelvic Ring Injury Guest Lecturer for Multispecialty Trauma Conference, UCSF-Fresno	2015
Platelet Rich Plasma in Sports Medicine Grand Rounds Orthopaedics Department, Kaiser Permanente, Fresno	2014
Metastatic Bone Disease – Unusual Cases Grand Rounds Orthopaedics Department, UCSF Parnassus	2014
The Role of Biofilms in Implant Infections Grand Rounds Infectious Disease Department, UCSF Fresno	2014
Biofilm Basic Science Guest Lecturer for Department of Microbiology, Fresno State Univ.	2014
Orthopaedic Implant Infections Grand Rounds Orthopaedics Department, UCSF Fresno	2014

PUBLICATIONS AND PRESENTATIONS

Kolahi K, Moneim M. Chronic Non-Tuberculous Flexor Tenosynovitis of the hand. Accepted NM Journal of Orthopaedics, January 2018

Tanner C, Johnson T, Kolahi K. Irreducible Monteggia Fracture: Interposed Radial Nerve and Capsule. Journal of shoulder and elbow surgery. June 2017

Kolahi K, Miller D, Lindval, E. Enhanced Precision in Navigated Spine Instrumentation: A Novel Accuracy-Validation Technique Utilizing 'Accuracy Check Points'. Clinics in Surgery 2016;1:1039

Kolahi K, Rawat M, Martirosian A. Direct Current Electrolysis Effect on Orthopaedic Implants. Paper presented at: Central California Research Symposium. April 2015; Fresno, CA.

Kolahi K, Vargas D, Rawat M, Martirosian A. Effect of Electrolysis on Biofilm Formation. Paper presented at: OREF/ORS Pacific Coast Resident Research Symposium. October 2014; San Francisco, CA.

Ehrensberger M, Kolahi K, Havinder B, Barba D, The Effect of Fracture Severity and Fill Volume on the Mechanical Properties of Osteoporotic Vertebral Bodies Following Vertebroplasty Using High Viscosity Bone Cement. Submitted for publication.

Ryan K, Taylor J, Bowers L (Kolahi K – listed contributor). The BAM complex subunit BamE (SmpA) is required for membrane integrity, stalk growth, and normal levels of outer membrane β -barrel proteins in *Caulobacter crescentus*. Microbiology 2010

Kolahi K, Taylor J, Ryan K. Essential Gene Function in *Caulobacter crescentus*. Poster presented at: UC Berkeley College of Natural Resources. April 2008

COMMUNITY SERVICE

Medical Student Workshop UNM School of Medicine	2018
Student Anatomy Workshop UNM Department of Occupational Therapy	2017
Student Biomechanical Workshop UNM School of Medicine	2017
Fresno State Football Sideline physician. Fresno, CA	2015-2017
US Paralympic Track & Field National Championships Sideline physician. San Mateo, CA	2014
Fresno & Clovis High School Football Sideline physician. Fresno, CA	2013-2017

Child Family Health International, Ecuador Rural clinic volunteer	2009
Lighthouse Free Clinic Primary care volunteer. Buffalo, NY	2008-2011
Rebuilding Together Fraternity coordinator. Berkeley, CA	2005-2008
“Big Gift” Charity Fundraiser Coordinator. Berkeley, CA	2007-2008

LEADERSHIP

UCSF Fresno Graduate Medical Education Committee Elected Resident Representative by House-staff peers	2014, 2015, 2016
University at Buffalo Medical Student Government Elected Class Representative	2009, 2010, 2011
UC Berkeley Sigma Nu Fraternity Positions held: President, Recruitment Chairman, Social Chairman	2005-2008

LANGUAGES

English, Farsi (Persian), Spanish